

cried. "Only one thing was dishonorable."

"What, Nancy?"

"Thinking you could—win me in a month," she answered.

"And can't I, dear?" he inquired, with his arms round her.

Nancy looked into his face. "Of course you can; you have," she answered.

BATTLE FOR BALLOTS ON IN NEW ENGLAND



Mrs. K. H. Hepburn

Hartford, Conn.—Believing that the early campaigner catches the vote, the women of Connecticut have commenced their 1917 suffrage campaign.

Mrs. Katherine Houghton Hepburn, well known as a leader in many social reforms, is president of the Connecticut Woman Suffrage Ass'n, which is directing the work of education. The suffragists will ask the legislature of 1917 to act on a suf-

frage amendment unless the federal constitution is amended in the meantime to make equal suffrage as national law.

PRACTICAL PRESERVING HINTS

By Caroline Coe.

It is most important that the jars, covers and rubber rings be in perfect condition.

Examine each jar and cover to see that there is no defect in it.

Numbers of jars of fruit are lost every year because of the false economy in using an old ring that has lost its softness and elasticity.

Having the jars, covers and rings in perfect condition, the next thing is to wash and sterilize them.

In canning, any proportion of sugar may be used, or fruit may be canned without the addition of any sugar.

However, that which is designed to be served as a sauce should have the sugar cooked with it. Fruit intended for cooking purposes need not have the sugar added to it.

Juicy fruits, such as berries and cherries, require little or no water. Strawberries are better not to have water added to them. The only exception to this is when they are cooked in a heavy syrup.

BOOKS ARE FREE; WHY NOT FOOD?

The school child is under control. This should include not merely the hours of the school sessions but the journey to and from the school and much of the time spent at home. There is every reason why the physical life should be safeguarded.

We insist that the child with a contagious disease shall be isolated, that the child who is deaf or who has defective vision shall be properly relieved, that the mentally deficient shall have special training.

Why stop there? The principle must be much more widely applied. Books to feed the mind are free. Food for the body costs more every day.